



# Ringwood Calisthenics Competition 2026

## Division 6 Seniors

Karralyka Centre

Saturday 8<sup>th</sup> August, 6.45pm Adjudicator: Julie Fox

### March

1. Larinda
2. Warrandyte
3. Highett
4. Wingrove

1<sup>st</sup> \_\_\_\_\_  
 2<sup>nd</sup> \_\_\_\_\_  
 3<sup>rd</sup> \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

### Clubs

1. Warrandyte 2
2. Larinda 2
3. Wingrove
4. Highett
5. Larinda
6. Warrandyte

1<sup>st</sup> \_\_\_\_\_  
 2<sup>nd</sup> \_\_\_\_\_  
 3<sup>rd</sup> \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

### Rods

1. Larinda 2
2. Warrandyte 2
3. Highett
4. Wingrove
5. Warrandyte
6. Larinda

1<sup>st</sup> \_\_\_\_\_  
 2<sup>nd</sup> \_\_\_\_\_  
 3<sup>rd</sup> \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

**Break**

### Freearm

1. Wingrove
2. Warrandyte
3. Larinda
4. Highett

1<sup>st</sup> \_\_\_\_\_  
 2<sup>nd</sup> \_\_\_\_\_  
 3<sup>rd</sup> \_\_\_\_\_  
 HM \_\_\_\_\_

### Rhythmical Aesthetics

1. Warrandyte
2. Larinda
3. Highett
4. Wingrove

1<sup>st</sup> \_\_\_\_\_  
 2<sup>nd</sup> \_\_\_\_\_  
 3<sup>rd</sup> \_\_\_\_\_  
 HM \_\_\_\_\_

### Dance Arrangement

1. Larinda
2. Warrandyte
3. Wingrove
4. Highett

1<sup>st</sup> \_\_\_\_\_  
 2<sup>nd</sup> \_\_\_\_\_  
 3<sup>rd</sup> \_\_\_\_\_  
 HM \_\_\_\_\_

Adjudication after Rods, Aesthetics and at the conclusion of the competition

| Team       | March | Clubs | Rods | Freearm | Rhythmical Aesthetics | Dance Arrangement | Total |
|------------|-------|-------|------|---------|-----------------------|-------------------|-------|
| Highett    |       |       |      |         |                       |                   |       |
| Larinda    |       |       |      |         |                       |                   |       |
| Warrandyte |       |       |      |         |                       |                   |       |
| Wingrove   |       |       |      |         |                       |                   |       |

Aggregate Runner Up \_\_\_\_\_

Aggregate Winner \_\_\_\_\_

**Ringwood Calisthenics Competition Committee** would like to extend our sincere thanks to all the volunteers who give their time to ensure the smooth running of this competition

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Competition proudly presented by **Emmanuel Calisthenics**

Please be aware that some item's themes, music or images may illicit a strong emotional response. Viewing is at audience discretion.

