



Ringwood Calisthenics Competition 2026

Division 1 SENIORS

The Besen Centre

Saturday 8th August, 5pm

Adjudicator: Paula Hessey

March

1. Bentleigh
2. Westcoast
3. Jayde
4. Canadian Bay
5. Eltham
6. Laurimar

1st _____
2nd _____
3rd _____
HM _____
HC _____

Clubs

1. Eltham 2
2. Jayde 2
3. Canadian Bay
4. Bentleigh
5. Laurimar
6. Eltham
7. Jayde
8. Westcoast

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rods

1. Jayde 2
2. Eltham 2
3. Laurimar
4. Canadian Bay
5. Westcoast
6. Bentleigh
7. Eltham
8. Jayde

1st _____
2nd _____
3rd _____
HM _____
HC _____

Break

Freearm

1. Jayde 2
2. Eltham
3. Laurimar
4. Canadian Bay
5. Jayde
6. Westcoast
7. Bentleigh

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rhythmical Aesthetics

1. Eltham 2
2. Jayde 2
3. Westcoast
4. Canadian Bay
5. Jayde
6. Laurimar
7. Bentleigh
8. Eltham

1st _____
2nd _____
3rd _____
HM _____
HC _____

Dance Arrangement

1. Jayde
2. Westcoast
3. Laurimar
4. Eltham
5. Bentleigh
6. Canadian Bay

1st _____
2nd _____
3rd _____
HM _____
HC _____

Adjudication after Rods, Aesthetics and at the conclusion of the competition

Division 1 SENIORS

Team	March	Clubs	Rods	Freearm	Rhythmical Aesthetics	Dance Arrangement	Total
Bentleigh							
Canadian Bay							
Eltham							
Jayde							
Laurimar							
Westcoast							

Aggregate Runner Up_____

Aggregate Winner_____

Ringwood Calisthenics Competition Committee would like to extend our sincere thanks to all the volunteers who give their time to ensure the smooth running of this competition

Printing sponsored by



Competition proudly presented by **Emmanuel Calisthenics**

Please be aware that some item's themes, music or images may illicit a strong emotional response. Viewing is at audience discretion.