



Ringwood Calisthenics Competition 2026

Division 7 Seniors

The Besen Centre

Sunday 26th July, 5pm

Adjudicator: Kristen Skinner

March

1. Raieburn
2. Donvale
3. Carwen
4. Altona
5. Glenroy
6. Greater Valley
7. Twin City

1st _____
2nd _____
3rd _____
HM _____
HC _____

Clubs

1. Donvale
2. Altona
3. Greater Valley
4. Twin City
5. Carwen
6. Raieburn
7. Glenroy

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rods

1. Greater Valley
2. Twin City
3. Raieburn
4. Carwen
5. Glenroy
6. Donvale
7. Altona

1st _____
2nd _____
3rd _____
HM _____
HC _____

Break

Freearm

1. Carwen
2. Twin City
3. Greater Valley
4. Raieburn
5. Glenroy
6. Altona
7. Donvale

1st _____
2nd _____
3rd _____
HM _____
=HC _____

Rhythmical Aesthetics

1. Twin City
2. Glenroy
3. Altona
4. Carwen
5. Donvale
6. Greater Valley
7. Raieburn

1st _____
2nd _____
3rd _____
HM _____
HC _____

Dance Arrangement

1. Altona
2. Twin City
3. Donvale
4. Raieburn
5. Greater Valley
6. Glenroy
7. Carwen

1st _____
2nd _____
3rd _____
HM _____
HC _____

Results after Rods, Rhythmical Aesthetics and at the conclusion of the competition

DIVISION 7 SENIORS

Team	March	Clubs	Rods	Freearm	Rhythmical Aesthetics	Dance Arrangement	Total
Altona							
Carwen							
Donvale							
Glenroy							
Greater Valley							
Raieburn							
Twin City							

Aggregate Runner Up_____

Aggregate Winner_____

Ringwood Calisthenics Competition Committee would like to extend our sincere thanks to all the volunteers who give their time to ensure the smooth running of this competition

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Competition proudly presented by **Emmanuel Calisthenics**

Please be aware that some item's themes, music or images may illicit a strong emotional response. Viewing is at audience discretion.