



Ringwood Calisthenics Competition 2026

Division 1 SENIORS

The Besen Centre

Saturday 8th August, 5pm

Adjudicator: Paula Hessey

March

1. Bentleigh
2. Canadian Bay
3. Jayde
4. Westcoast
5. Eltham
6. Laurimar

1st _____
2nd _____
3rd _____
HM _____
HC _____

Clubs Part A

1. Bentleigh 2
2. Jayde 2
3. Eltham 2

1st _____
2nd _____
3rd _____

Clubs Part B

1. Canadian Bay
2. Westcoast
3. Laurimar
4. Jayde
5. Eltham
6. Bentleigh

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rods Part A

1. Jayde 2
2. Eltham 2
3. Bentleigh 2

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rods Part B

1. Laurimar
2. Jayde
3. Eltham
4. Bentleigh
5. Canadian Bay
6. Westcoast

1st _____
2nd _____
3rd _____
HM _____
HC _____

Freearm

1. Jayde 2
2. Eltham
3. Bentleigh
4. Canadian Bay
5. Laurimar
6. Westcoast
7. Jayde

1st _____
2nd _____
3rd _____
HM _____
HC _____

Break

Rhythmical Aesthetics

1. Eltham 2
2. Jayde 2
3. Canadian Bay
4. Laurimar
5. Jayde
6. Bentleigh
7. Westcoast
8. Eltham

1st _____
2nd _____
3rd _____
HM _____
HC _____

Dance Arrangement

1. Jayde
2. Bentleigh
3. Westcoast
4. Eltham
5. Laurimar
6. Canadian Bay

1st _____
2nd _____
3rd _____
HM _____
HC _____

Adjudication after Rods, Aesthetics and at the conclusion of the competition

Division 1 SENIORS

Team	March	Clubs	Rods	Freearm	Rhythmical Aesthetics	Dance Arrangement	Total
Bentleigh							
Canadian Bay							
Eltham							
Jayde							
Laurimar							
Westcoast							

Aggregate Runner Up_____

Aggregate Winner_____

Ringwood Calisthenics Competition Committee would like to extend our sincere thanks to all the volunteers who give their time to ensure the smooth running of this competition

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Competition proudly presented by **Emmanuel Calisthenics**

Please be aware that some item's themes, music or images may illicit a strong emotional response. Viewing is at audience discretion.