



Ringwood Calisthenics Competition 2026

Division 4 Intermediates

The Besen Centre

Sunday 9th August, 5pm

Adjudicator: Roberta Dwyer-Smith

March

1. Aurora
2. J'Adore
3. Ashgrove
4. Janelle
5. Sterling
6. Bendigo
7. Diamond Creek

1st _____
2nd _____
3rd _____
HM _____
HC _____

Clubs Part A

1. Aurora 2
2. Diamond Creek 2
3. J'Adore 2

1st _____
2nd _____
3rd _____

Clubs Part B

1. Sterling
2. Ashgrove
3. Diamond Creek
4. Bendigo
5. J'Adore
6. Aurora
7. Janelle

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rods

1. Diamond Creek 2
2. J'Adore 2
3. Bendigo
4. Sterling
5. Janelle
6. J'Adore
7. Ashgrove
8. Diamond Creek
9. Aurora

1st _____
2nd _____
3rd _____
HM _____
HC _____

Freearm

1. J'Adore 2
2. Diamond Creek 2
3. Janelle
4. Ashgrove
5. J'Adore
6. Diamond Creek
7. Aurora
8. Sterling
9. Bendigo

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rhythmical Aesthetics

1. J'Adore 2
2. Diamond Creek
3. Ashgrove
4. Aurora
5. J'Adore
6. Bendigo
7. Janelle
8. Sterling

1st _____
2nd _____
3rd _____
HM _____
HC _____

Break

Dance Arrangement

1. Ashgrove
2. J'Adore
3. Bendigo
4. Diamond Creek
5. Janelle
6. Sterling
7. Aurora

1st _____
2nd _____
3rd _____
HM _____
HC _____

Adjudication after Rods, Aesthetics and at the conclusion of the competition

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Team	March	Clubs	Rods	Freearm	Rhythmical Aesthetics	Dance Arrangement	Total
Ashgrove							
Aurora							
Bendigo							
Diamond Creek							
J'Adore							
Janelle							
Sterling							

Aggregate Runner Up _____

Aggregate Winner _____

Ringwood Calisthenics Competition Committee would like to extend our sincere thanks to all the volunteers who give their time to ensure the smooth running of this competition

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Please be aware that some item's themes, music or images may illicit a strong emotional response. Viewing is at audience discretion.