



Ringwood Calisthenics Competition 2026

Division 1 Intermediates

The Besen Centre

Sunday 23rd August, 5pm

Adjudicator: Taneka Ruscheyer

March

1. Bentleigh 2
2. Jayde
3. Berwick
4. Maroondah
5. Bentleigh
6. Sovereign
7. Chelsea

1st _____
2nd _____
3rd _____
HM _____
HC _____

Clubs Part A

1. Berwick 2
2. Jayde 2
3. Sovereign 2
4. Bentleigh 2
5. Chelsea 2

1st _____
2nd _____
3rd _____
HM _____
HC _____

Clubs Part B

1. Jayde
2. Berwick
3. Bentleigh
4. Chelsea
5. Maroondah
6. Sovereign

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rods Part A

1. Bentleigh 2
2. Berwick 2
3. Chelsea 2
4. Sovereign 2
5. Jayde

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rods Part B

1. Berwick
2. Chelsea
3. Sovereign
4. Jayde
5. Maroondah
6. Bentleigh

1st _____
2nd _____
3rd _____
HM _____
HC _____

Freearm Part A

1. Chelsea 2
2. Berwick 2
3. Bentleigh 2

1st _____
2nd _____
3rd _____

Break

Freearm Part B

1. Sovereign
2. Maroondah
3. Chelsea
4. Bentleigh
5. Jayde
6. Berwick

1st _____
2nd _____
3rd _____
HM _____
HC _____

Rhythmical Aesthetics Part A

1. Sovereign 2
2. Chelsea 2
3. Bentleigh 2
4. Berwick 2

1st _____
2nd _____
3rd _____
HM _____

Rhythmical Aesthetics Part B

1. Maroondah
2. Chelsea
3. Sovereign
4. Berwick
5. Bentleigh
6. Jayde

1st _____
2nd _____
3rd _____
HM _____
HC _____

Adjudication after Rods, Rhythmical Aesthetics and at the conclusion of the competition

Dance Arrangement

1. Chelsea
2. Sovereign
3. Bentleigh
4. Jayde
5. Berwick
6. Maroondah

1st _____
2nd _____
3rd _____
HM _____
HC _____

Division 1 Intermediates

Team	March	Clubs	Rods	Freearm	Rhythmical Aesthetics	Dance Arrangement	Total
Bentleigh							
Berwick							
Chelsea							
Jayde							
Maroondah							
Sovereign							

Aggregate Runner Up _____

Aggregate Winner _____

Ringwood Calisthenics Competition Committee would like to extend our sincere thanks to all the volunteers who give their time to ensure the smooth running of this competition

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Competition proudly presented by **Emmanuel Calisthenics**

Please be aware that some item's themes, music, or images may illicit a strong emotional response. Viewing is at audience discretion.